

**WOODLANDS PARK CARE CENTRE**  
GREAT MISSENDEN, BUCKINGHAMSHIRE



**QUALITY, DIGNITY & CHOICE**

**forest**  
HEALTHCARE  
A family of homes

Selecting a care home can be difficult and confusing. We are here to guide you through the process and help find solutions to the financial aspects of care.



Quality 24-hour Residential Care for elderly persons aged 65 to 100 years and over, respite & postoperative care. Specialists in Dementia care. Crisis intervention, non planned & emergency admission a speciality.

Call 08444 725 138 or email  
woodlandspark@foresthc.com  
www.foresthc.com

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# WELCOME TO WOODLANDS PARK CARE CENTRE FOR QUALITY, DIGNITY & CHOICE



## OUR HOME

Woodlands Park is a wonderful large Victorian home, set in extensive landscaped grounds, situated two miles from the beautiful village of Great Missenden. We cater for 24-hour residential care, specialised needs, respite and we are specialists in Dementia care.

Our primary objective is to improve the quality of life of our clients and their families and we seek to promote independence, choice and dignity of the individual. We believe that clients must be safe and secure at all times, whilst providing a relaxed and stimulating environment that motivates them to live a full and happy life.

Woodlands Park has 37 light and airy bedrooms of which 27 are singles and 10 are companion rooms. Many of our bedrooms have en suite facilities. Our day rooms are light, attractively furnished and enjoy amazing views over our beautifully maintained gardens.

We encourage clients to bring their own creature comforts to make them truly feel 'at home', such as items of furniture and other treasured possessions. Even pets are welcomed.

**A new chapter in life begins!**



## CARE & FACILITIES

Woodlands Park provide 24-hour residential care, delivered by highly trained carers and our visiting therapies team. Where possible, clients have the choice of gender for their care.

Our staff are carefully screened with extensive referencing and police criminal record checks and receive professional training. We believe highly trained and well managed staff are the secret to providing quality and safe care.

**The best carers providing the best care.**

### **We operate:**

- 24-hour carer & medical cover
- call system
- help getting in & out of bed, bathing and dressing
- full lifestyle programme based on 'individual and person-centred care'
- help with bathroom needs & continence management
- skin integrity care

### **Our facilities include:**

- a hairdressing salon & barber
- an extensive library of books and DVD's
- internet facilities to stay in touch with friends and family online
- computer games for fun and mind stimulation
- bright and airy bedrooms with specialised bathing facilities
- lounges & dining room with garden views
- wide screen TV
- quiet reading room/sensory room
- a secure tranquil garden
- old style sweet shop & post box

“WOODLANDS PARK IS THE MOST BEAUTIFUL PLACE AND HAS WONDERFUL STAFF. THEY ALWAYS HAVE A SMILE FOR YOU AND THEY GO OUT OF THEIR WAY TO HELP YOU.”

Patricia Jardine, aged 78



## DEMENTIA SERVICES

### Care services include:

- elderly / physical disability
- 24-hour delivery of care for 65 years plus
- Dementia care
- GP (general practitioner) cover
- crisis intervention / emergency admission / postoperative care
- end of life / continuing care
- non planned assessments
- nutritional meals
- a dentist, optician, occupational therapist, physiotherapist and chiropodists visit Woodlands Park regularly

Woodlands Park enables clients with Dementia to enjoy a life of quality and when possible to participate in the everyday life of our home.

We provide Dementia services to older people aged 65 to 100 years and over with a diagnosis of Alzheimer's disease, or other forms of Dementia, who display non-aggressive characteristics and moderate to high confusion. Our Dementia facilities are safe with keypad entry codes and we have full-time lifestyle coordinators who attend Alzheimer's Society training.

Our Dementia care services follow the Alzheimer's Society recommendations:

- spacious and safe lounge and dining areas
- sensory lounge
- picture meal, activity & music menus
- tactile ornaments and rummage baskets
- orientation bric-a-brac
- use of colour for recognition and awareness
- clearly visible walkways
- a therapeutic garden environment
- person-centred activities and lifestyle
- security via key pad access doors

“VISITING ANYTIME DURING DAY OR EVENING I HAVE ALWAYS FOUND RESIDENTS WELL CARED FOR AND THE HOME VERY CLEAN AND BRIGHT. THEY CREATE THEMES FOR SPECIAL OCCASIONS AND HAVE PLENTY OF ACTIVITIES – SO WELL DONE WOODLANDS PARK!”

Maureen Ratford, niece of Lily Langford, aged 95



## ACTIVITIES

- art workshops
- flower arranging
- handicrafts
- games & quizzes
- parties
- shopping
- cooking lessons
- live performances
- musical evenings
- gardening
- computer games & internet
- keep fit
- barbecues
- days out to the seaside and London sites
- weekly 'pat the dog' visits

An individual lifestyle is essential, no matter how old or how dependent we are, so our staff ensure lifestyle choices are maintained. Our clients enjoy visiting local shops, an evening at the cinema, a quiz afternoon, or simply watching television in the privacy of their bedroom.

It's vital our clients keep active mentally and physically to make the most of every day. At Woodlands Park clients are spoilt for choice with art workshops, flower arranging, handicrafts, games & quizzes, parties, shopping, visiting speakers, live performances, musical evenings, gardening,

computer games & internet, clients' association as well as religious observance services.

In the summer we have garden tea parties and barbecues and meals can be taken in our tranquil garden. Days out are frequent to London's many attractions, the seaside or shopping. Making new friends is easy at Woodlands Park and everyone has the opportunity to join in.

**At Woodlands Park, you're never alone.**



## A TYPICAL DAY

**7.30am-10am** Clients choose when to wake and are encouraged to dress themselves, although help is always at hand. Breakfast is available either via room service or served in the dining room.

**10am** Morning tea or coffee with friends and catching up with the day's news.

**12.30pm** Lunch, all meals are freshly cooked, with flexibility for individual tastes.

**1.30pm** Activities such as: quizzes, flower arranging, bingo, games, movement to music, fitness & motivation, sing-along and concerts.

**2pm** Shop open.

**3pm** Clients often have a rest, or enjoy a cup of tea, (sometimes a cream tea greatly enjoyed by all) with visiting friends and relatives or go on an outing somewhere special.

**5pm** Dinner – a lighter meal which can be easily digested (see menus).

**7pm** Hot drinks are served. The kitchen is open all night should one desire a snack at any time.

**Evening** Winding down in the evening hours might involve watching TV, reading or just chatting with friends and relatives who are welcome at any time.

Ask to see last week's activity list.

“MUM ALWAYS TELLS US HOW LOVELY AND CARING THE STAFF ARE AND HOW NICE THE FOOD IS. WE ARE ALWAYS MADE TO FEEL SO WELCOME WHEN WE VISIT, AND THE STAFF ARE KEEN TO TELL US HOW MUM IS.”

June Parratt, daughter of Louise Read, aged 92



## FOOD

At Woodlands Park we place a very high importance on food and spend a great deal of time considering menus, environment and nutrition. Meals are created by our in-house team and fresh local produce is used, with clients often involved in developing menus.

Our catering team provide meals which are varied, tasty and well presented. All food is evaluated by a nutritionist to ensure our clients have a balanced diet.

Tea, coffee, cold drinks, biscuits and sandwiches are available at any time, day or night. Meals are served in our dining room, but room service is always available. We can arrange special meals such as diabetic, low fat, vegetarian, Kosher, Halal etc.

We can also provide a snack box to clients who might miss a meal due to a hospital visit.

**It's the attention to detail that really counts.**



## A TYPICAL MENU

### Breakfast

Choice of fresh juices, cereals, eggs (any style), hot & cold milk etc, bread basket, toast, tea or coffee.

### Mid-Morning Break

Choice of tea, coffee, biscuits & homemade cakes.

### Lunch

Main: Steak and Kidney Pie with potatoes and vegetables, or haddock with potatoes, green beans & baton carrots.

Desert: Jam sponge pudding, or fruit salad.

### Afternoon Tea

Choice of teas (English breakfast, mint, green) or coffee with homemade cakes and biscuits.

### Dinner

Starter: Homemade soup of the day, or Florida cocktail.

Main: Jacket potatoes with tuna or cheese, or selection of sandwiches.

Season salads available.

Desert: Ice Cream, poached pears in wine sauce, fruit & yogurts.

Ask for a copy of last week's menu.

“WE ARE VERY PROUD OF WOODLANDS PARK, BUT ABOVE ALL ELSE, WE ARE PARTICULARLY PROUD OF OUR STAFF AND THE LOVE AND CARE THAT THEY HAVE A SEEMINGLY UNLIMITED SUPPLY OF.”

Marie Shouler



## HYGIENE POLICY

Our loved ones, the older they get the lower their immunity is likely to be, so we believe that it is our duty to protect them. We take the threat of MRSA and C. Diff, the hospital bug, very seriously. While no guarantees are possible, we spend significant sums each year ensuring the most detailed cleaning regime for our home and in particular, hand hygiene protocols.

## CLIENT & FAMILY FEEDBACK

Each of our clients are discussed at weekly staff meetings and feedback from them and their families is vital to us. We value this feedback and use it to improve our home.

## ADMISSION PATHWAY

All potential clients have their needs thoroughly assessed by our management team. We need to assure ourselves that Woodlands Park is suitable for their care and note any specific care that is appropriate.

Our staff often work with the client prior to admission, to ensure that all care needs are thoroughly understood to enable a seamless transfer. A typical pathway is:

- referral by commissioner or self/family
- visit to our care centre
- assessment by our team
- funding discussion/assistance

## FEES AND FUNDING

We are experts in guiding potential clients and their families in obtaining assistance with the payment of fees from government bodies, social services etc. In some cases we can help obtain significant payment towards our fees via the local authority, subject to qualification and means. Funding is provided by:

- self funding
- local authority
- local authority plus top-up
- insurance
- other



## WOODLANDS PARK PLEDGE

Our goal is to:

- always have our clients' best interests as our central focus
- promote the health & happiness of clients in a caring & safe environment
- treat clients with dignity & respect
- produce care plans with rights of choice, independence, privacy, dignity and security
- get to know our clients' families very well and offer the support needed
- focus on individual care needs and not institutional routines
- foster an atmosphere of openness for clients, family & staff
- maintain clients' confidentiality and privacy

## Your next step – Visit us!

**Nothing we can say in this brochure can convey the understanding, warmth and care that our staff have for our clients.**

**Our reputation is one we are very proud of and as rooms are in very short supply we often have to operate a waiting list. It is best if you meet with us at your earliest opportunity to register your interest.**

**Please visit Woodlands Park at any time, however as we are a busy home it's best to telephone and arrange a visit with our manager, or administrator who will show you around.**

**Call 08444 725 138 or email [woodlandspark@foresthc.com](mailto:woodlandspark@foresthc.com)  
[www.foresthc.com](http://www.foresthc.com)**

## Forest Healthcare Ltd

Woodlands Park is part of Forest Healthcare, one of the fastest growing healthcare groups in the South East of England. Forest Healthcare believes its success and strength lie in empowering its managers to promote the independence of their care centres to service the local community's needs and to provide clients and families with security, quality, dignity and choice and the very best care that is available in the UK.

Forest Healthcare Head Office: **08444 725 252**.

## PUBLIC TRANSPORT DIRECTIONS

### Train Directions

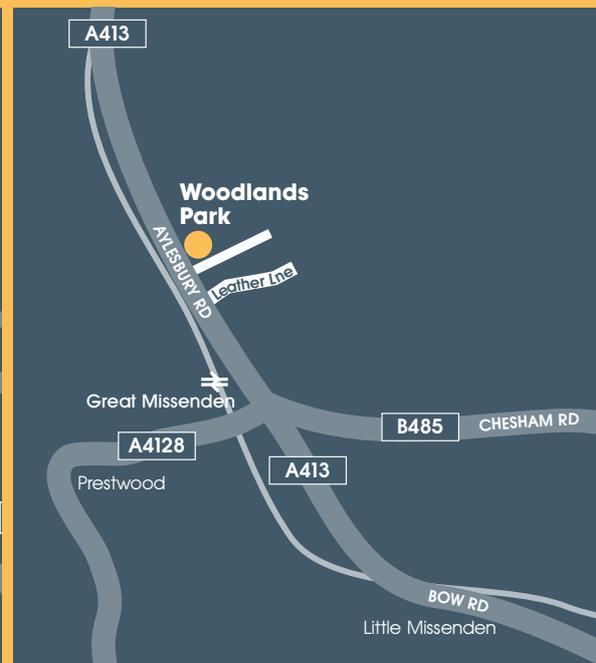
Nearest railway station: Great Missenden

Please telephone and we shall collect you from the station.

### Bus Directions

Local bus T1

For further assistance please contact our manager, or administrator.



### Registered for:

**24hr Residential Care / Female and Male 65 to 100 years and over / Dementia Care  
Respite Care / Postoperative recuperation / Permanent (long term) Care  
Crisis intervention / Non planned & emergency admission is a speciality**

### WOODLANDS PARK CARE CENTRE

Aylesbury Road, Great Missenden, Buckinghamshire HP16 9LS  
Call **08444 725 138** or email [woodlandspark@foresthc.com](mailto:woodlandspark@foresthc.com)  
[www.foresthc.com](http://www.foresthc.com)

Calls charged at a maximum of 4p per minute from UK land lines. Mobile charges vary.

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